

Boosters

As your baby gets older, you may find that you need more absorbency in the nappy to deal with their bigger wees. This is where boosters come in. They are designed to be used in addition to any soaker pads that are included in the nappy and can be invaluable for heavy wetters, toddlers, long car journeys and at night.

They are comprised of an oval or oblong of material (usually made up of 4-5 layers) which can either be placed in the pocket along with the normal soaker pads/inserts or placed on top of the nappy in 2-part or all-in-ones. Most are designed to fit any nappy and you can mix and match to find the right solution for you. Some have a fleecy layer on top which makes them ideal for placing in a 2-part or an all-in-one as it creates a stay-dry layer.



There are various types available and some ingenious ways of boosting nappies out there! The main types of ready-made boosters are:

Type	Absorbency	Dry Time*	Bulkiness
Fleece/Terry	***	***	**
Microfibre	****	*****	***
Bamboo	*****	**	**
Hemp	*****	**	*

*The dry time isn't that crucial with boosters as they are just a flat oblong of material which will dry much quicker than a shaped nappy -this is just for comparison.

Other options for boosters:

Terry/bamboo squares folded up and either placed in a pocket nappy with the soaker pads or placed on top of nappy if using shaped or all-in-one. Some people use a double terry folded nappy at night but this is very bulky!

Muslin squares can be folded and used in the same way.

Newborn pre-folds are useful as they are quick-drying and you can adjust the absorbency for where you need it most (i.e. front for a boy, towards the back for a girl).

It can be a matter of trial and error to see which suits your baby best, but it's important to remember that nappies do need adapting as your baby grows. Contact us on advice@hunnybums.com if you're stuck!