

Which Nappy to Choose?

So you've made the decision to use reusable nappies - great! Then you start looking at all the options available and get a bit overwhelmed by the choice - don't be put off - we're here to help!



There are 2 basic types of reusable nappy:

- Nappies with a separate waterproof wrap
- Nappies with an integral waterproof wrap

Separate waterproof wrap

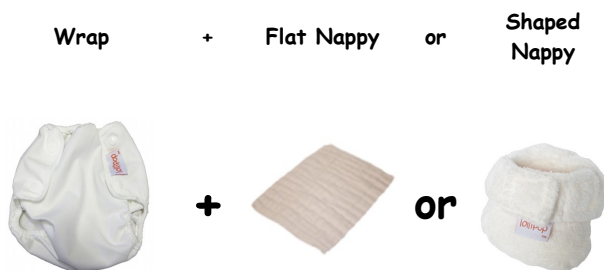
Two-part - shaped or flat nappies

Hunny Highlights

- Excellent containment - with 2 lines of elastic defence around the legs.
- Choice of fabric against baby's skin.
- Choice of fastening on the cover.
- Usually cheaper than all-in-ones/pockets. Fewer wraps than nappies required because unsoiled wraps can be re-used.

Hunny Heads-up

- Can be more fiddly - especially on wriggly babies.
- If the wraps get soiled regularly, you may run out before wash day.



Integral waterproof wrap

'All-in-ones' or pocket nappies with inserts

Hunny Highlights

- The easiest nappy to use - similar to disposables.
- Usually with a 'stay-dry' lining to wick moisture away from baby's skin.
- Good simple choice if relying on other carers (grandparents, nursery staff etc.).

Hunny Heads-up

- All-in-ones can take longer to dry than two-part nappies (pockets are quicker).
- Usually more expensive than two-parts.



Read on for more specific advice....

Two-part - two lines of defence

Flat Nappies - two types

- **Pre-folds** - stitched into a rectangle with 3 panels. The middle panel is thicker for absorbency. Require folding before use. See 'Bummis Pre-fold Guide'.
- **Terry nappies** - cotton squares. Require folding before use. See 'Lollipop Flat Nappy Guide'.



Hunny Highlights

- Cheapest of all choices.
- Washable at high temperatures - ideal if planning to use a nappy laundry service.
- Numerous uses after your children are out of nappies!

Hunny Heads-Up

- May not be welcomed by other carers (folding needs a bit of practice)
- Need good fitting wraps - with leg gussets - for best containment.

Bottom Line: Best for value - the cheapest option

Shaped Nappies - two types

- **Sized** - usually 2 different sizes. Select the best size for your baby's size. Benefit from reduced bulk on smaller/younger babies.
- **Onesize** - adjusted as your baby grows. Good value but can be bulky on smaller/younger babies



Hunny Highlights

- Best for containment. Usually better than a disposable - yes, honestly!
- Already shaped like a disposable. Easier than flat nappies especially on wriggly babies - no folding!
- Choosing sized nappies reduces 'wear & tear'. A good idea if planning to use on more than one child.
- Variety of fabrics - offering different levels of absorbency & bulk.
- 'Boostable' - good for overnight.

Hunny Heads-up

- Can be bulky, depending on the fabric.
- Can leak if wrap is not fitted correctly.
- Slower drying than flat nappies and most pocket nappies if made from natural fibres as they cannot be folded out.
- More fiddly to put on than all-in-ones/pockets

Bottom Line: Best for containment so great for the first 6 months whilst milk feeding

All-in-ones and pocket nappies - easy as 1,2,3

All-in-ones - the closest thing to a disposable

- Lollipop PopnGro Onesize is probably the easiest all-in-one of all! With booster pads that can be taken out to dry and absolutely no stuffing involved!
- Other designs have an extra absorbent layer as a flap that can be folded out to reduce drying time.



Hunny Highlights

- The easiest nappy around - ideal for other carers (or less keen partners!)
- Excellent for toddlers - quick to put on.
- Excellent for showing granny how times have changed! It's not like boil washing terries any more.

Hunny Heads-up

- Can be slower drying - especially if not 'unfoldable'.
- Tend to be more expensive - still much cheaper than disposables! But more economical if using onesize variety.
- Less reliable containment than two-parts.

Bottom Line: Best for ease of use - the closest to a disposable - great for wriggly babies/toddlers

Pocket Nappies

- 'Stuffable' pockets to hold the absorbent soaker pads. Get a load ready while watching TV so they're ready to go at a moment's notice!
- Available as sized or onesize options.



Hunny Highlights

- Very versatile for absorbency vs. bulk. Soaker pads come in variety of materials - you can stuff whatever pads you like into the pocket (within reason!)
- Once stuffed they're ready to go - just like disposables to use.
- Quick drying as the pads are removed for washing.
- Have a 'stay-dry' layer as the lining

Hunny Heads-up

- There is an upper limit to the amount of boosting you can get into the pockets - not all are suitable for night-time use or long car journeys.
- Less reliable containment than two-parts.

Bottom Line: Best for ease of use combined with quick dry time - a great all-rounder!

So that's it in a nutshell!

If you're still feeling confused and not sure which nappy will suit you best, look at our 'Personal Shopper' page or contact us on advice@hunnybums.com and we'll help you further.

Nappy Type	Image	Ease of Use	Drying
Flat Nappy & Wrap			
Shaped Nappy & Wrap			
Pocket			
All in One			

